

PRIORITY AREA	RECOMMENDATION	OUTCOME	SYSTEM LEVEL	ACTION	OWNER	THEME	NATIONAL
Children and Young People	To raise awareness of the link between trauma and adversity, and suicide across the life course	Link between trauma and adversity across the life course is clear and understood by partners, professionals and the voluntary and community sector	Berkshire; Local Authority	Needs and links across lifecourse (including transitions); Identify key partner organisation/s and roles	Berkshire Suicide Prevention Group	Health Promotion Training	Addressing common population level risk factors
	Support the system to adopt a needs-led approach for neurodiverse children and young people, particularly in the prevention and early intervention arena, e.g. in schools and the community	Neurodiverse children and young people pre diagnosis and supported and adaptations made for their needs, reducing suicide risk	Berkshire; Berkshire West Local Authority	Identify best-practice for needs led approach; Agree scope of support offer to system and identify leads	tbc	Training Health Promotion	Tailored, targeted support for priority groups
	To work with local organisations and charities who work with the LGTBQ+ community on suicide prevention.	Improved insight and knowledge into the LGBTQ+ community and suicide prevention and risk, informing the Suicide Prevention Groups focus and approach	Berkshire Local Authority	Map of local organisations and charities working across Berkshire/s to support LGTBQIA+ communities Understanding commissioning/funding arrangements for groups; Review reporting and outcomes;	Berkshire Suicide Prevention Group Local Authority Leads	Partnership	Providing effective bereavement support (postvention) Tailored, targeted support for priority groups
	To raise awareness of the impact of the transitional period (children moving into adulthood) on the mental health impact and the risks of suicide during this period for children and young people.	Improved knowledge and understanding on the impact of the transitional period on mental health and suicide risk for children and young people for partners, professionals and the education sector	Berkshire Local Authority	Identify best practice in relation to training and what is available locally; Identify gaps and support required;	Berkshire Suicide Prevention Group Local Authority CYP/ASC and Public Health Leads	Training Health Promotion	Addressing common population level risk factors Tailored, targeted support for priority groups
Self-harm	Working with Mental Health Support Teams (MHSTs), ensure a continued focus on the prevention of self-harm by increasing resilience and general coping skills and support for those who self-harm.	School pupils at risk of self-harm or self-harming have improved coping skills, support and resilience	Berkshire West Local Authority	Identify and share best practice in relation to prevention of self-harm and resilience building in CYP; Identify local data and reporting in relation to at risk CYP/Schools;	tbc	Partnership Data and Evidence	Addressing common population level risk factors Tailored, targeted support for priority groups
	Decrease the stigma related to self-harm and encourage help seeking behaviour and self-care	Those who self-harm feel able to seek help with less fear of stigma and have improved self-care	Berkshire Local Authority	Agree awareness raising campaign/messages with key partners;	tbc	Health Promotion	Addressing common population level risk factors

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	Help friends, family and professionals understand the physical and emotional signs of self-harm, how they can help and where they can get support	Friends, family and professionals are able to identify and understand self-harm, how they can help and where to get support. Those who self-harm feel better supported by professionals, their friends and family	Berkshire Local Authority	Agree awareness raising campaign/messages with key partners;		Health Promotion	Addressing common population level risk factors Providing effective crisis support
	Explore the impact of self-harm on parents and siblings on their own mental health and wellbeing.	Further understanding of the impact of self-harm on parents and sibling's mental health and wellbeing, allowing future interventions into how to support these groups to be well informed	Berkshire	Undertake a review of evidence around impact/risk on others re self-harming behaviours	TBC	Research	Addressing common population level risk factors Providing effective crisis support
Female Suicides	To explore data collection on the perinatal period; risk factors and the link to suicide including data captured in the RTSS.	Improved understanding and insight into the risk factors and link to suicide within the perinatal period.	BOB Frimely & RBH Berkshire	Review links between maternal system data and RTSS;	Berkshire Suicide Prevention Group Thames Valley Police RTSS	Surveillance Partnership	Improving data and evidence
	Promote the need for clear pathways and knowledge exchange between domestic abuse and mental health services.	Domestic abuse services and mental health services have an improved understanding of the links between domestic abuse and suicide and are confident in utilising the pathways between the services	Berkshire Local Authority	Understand best practice in relation to pathways between services; Review local authority pathways and reporting;	Berkshire Suicide Prevention Group Local Authority Leads (PH, CMHT, CSP)	Partnerships	Tailored, targeted support for priority groups Providing effective crisis support
	Improve data collection of domestic abuse data in RTSS.	Improved understanding and insight into domestic abuse as a risk factor for suicide within Berkshire.	Thames Valley	Identify gaps in data collection of domestic abuse in RTSS; Identify solution (training?) Agree and assign actions and improvement target;	TV Police RTSS Officer; TV SPIN/BOB ICS	Surveillance Training	Improving data and evidence
	Include domestic abuse indicators in the Berkshire suicide audit to better understand the link between domestic abuse and suicide	Improved understanding and insight into domestic abuse as a risk factor for suicide within Berkshire.	Berkshire		Berkshire Suicide Prevention Group	Data & Intelligence	Improving data and evidence
	Provide information to domestic abuse services on how to respond to concerns where clients may be self-harming or considering suicide (whether the client is a victim, survivor, perpetrator or child or young person)	Improved knowledge and understanding of suicide risk and self-harm for domestic abuse professionals for all groups affected. Clients within the domestic abuse services who are at risk of self-harm or suicide feel better supported and able to access the services they need	Berkshire Local Authority	Identify best practice in relation to responding to self-harm/suicide ideation in all people in contact with DA services (all sex/gender).	Berkshire Suicide Prevention Group Local Authority Leads	Training	Tailored, targeted support for priority groups Providing effective crisis support

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Economic Factors	Work with colleagues to raise awareness of the risk between debt, mental health and suicide risk among frontline professionals and the wider public. Awareness raising needs to; • reduce the stigma of 'being in debt' and signpost to access debt and benefit advice and support. this information also needs to be shared with frontline professionals • encourage people in debt to reach out for help to reduce impact on mental health • encourage people with poor mental health to reach out for debt advice	The risk between debt, mental health and suicide risk is further understood by frontline professionals and the wider public. The stigma of 'being in debt' is reduced for both frontline workers and the wider public, therefore potentially increasing the number of those seeking help. Frontline professionals feel confident to signpost to debt and benefit advice and support, encourage people to reach out for help, and for debt advice, therefore potentially increasing the number of those seeking help	Berkshire Local Authority	Review evidence and local need in relation to debt, MH and suicide risk; Identify key partner organisation/s and roles Agree awareness raising campaign/messages	Berkshire Suicide Prevention Group Local Authority Leads	Health Promotion Training	Addressing common population level risk factors
	Support frontline professionals to feel comfortable about talking about debt and financial problems and the link to poor mental health and suicide, and what support is available	Frontline professionals feel comfortable and able to talk about debt and financial problems and can link this to poor mental health and suicide, and support available. Those with poor mental health benefit from accessing debt and financial support where needed following conversations with frontline professionals, reducing suicide risk.	Berkshire Local Authority	Identify training and support for frontline staff:	Berkshire Suicide Prevention Group	Training	Addressing common population level risk factors
	Support Berkshire local authorities with a single point of access information site around money matters	There is a single point of access for information on money matters, allowing for up to date and consistent information being accessible to all.	Berkshire Local Authority	Review need regarding SPA and information around money matters;	Berkshire Suicide Prevention Group	Partnership Health Promotion	Addressing common population level risk factors
	Ensure compassionate debt collection. Make sure the process is supportive and aims to steer residents to places that can provide help and support. Support vulnerable groups at increased risk of debt including people with long-term conditions or disabilities	Reduction in stress and anxiety for those who are facing debt collection. Support and help highlighted to those facing debt collection, reducing stress and anxiety.	Berkshire Local Authority	Review actions taken in relation to compassionate debt collection by LA; Identify need for any further action;	Local Authority Leads	Partnership Policy (?)	Addressing common population level risk factors Providing effective crisis support Tailored, targeted support for priority groups
	Work with key partners to actively promote services that provide help around navigating the benefits system and potentially increasing people's incomes.	Improved understanding of navigating the benefits system, therefore potentially increasing incomes and reducing financial stress, reducing suicide risk				Health Promotion	Addressing common population level risk factors Tailored, targeted support for priority groups
	Make sure that all parts of the health service where patients showing suicidal intent first make contact, are signposted or triaged appropriately using a process that includes debts and other economic stresses as risk factors.	Identification of debt and economic stresses as risk factors upon first contact, therefore allowing professionals to have a better-informed approach to support, signposting and guidance, reducing suicide risk. Self-help or advisors for debts and practical issues (housing, relationships) highlighted to patients, therefore potentially reducing anxiety and stress	Berkshire West Local Authority	Review local processes in relation to content/signposting for debt/economic stress factors	Berkshire Suicide Prevention Group Community Mental Health Team/s	Partnerships Training	Providing effective crisis support

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	Work with system partners on the early identification and support of people who are at increased risk of debt and financial concerns (e.g. unemployed or people with long-term conditions) as early as possible and offer effective support to manage personal finances through appropriate referral pathways.	Reduction in debt and financial stresses as a risk factor for suicide for those who are at an increased risk	Local Authority	Review current system partnerships; Identify local referral pathways	Local Authority Leads	Partnerships	Addressing common population level risk factors Tailored, targeted support for priority groups
	Monitor local data and intelligence on levels of problem gambling within Berkshire and its link to suicide.	Improved understanding of the levels of problem gambling and its link to suicide within Berkshire, informing the Suicide Prevention Group's approach.	Berkshire Local Authority	Identify local data and intelligence sources regarding gambling; Ongoing monitoring of Government/LGA Guidance in relation to gambling (due 2024)	Berkshire Suicide Prevention Group	Data & Intelligence	Improving data and evidence
Bereaved by Suicide	Ensure our local bereavement offer is culturally and ethnically appropriate for different groups within communities to develop resources and services	The local bereavement offer is available and accessible for all groups within Berkshire and has accessible resources and services. Different groups within communities feel the services are culturally and ethnically appropriate.	BOB Local Authority	Review commissioned service/s and relevant KPI/outcomes	BOB ICS Commissioner	Partnership	Providing effective bereavement support (postvention)
	Continued support to the volunteer led local SoBS groups to be able to continue to offer a peer to-peer support service.	Those bereaved by suicide can access and benefit from a peer-to-peer support service	Berkshire	To review local volunteer lead SoBS arrangements and support needs	Berkshire Suicide Prevention Group	Partnership	Providing effective bereavement support (postvention)
	Building in bereavement support to extend to wider family members, friends and communities.	Wider family members, friends and communities are able to access bereavement support, and feel able and supported in doing so, potentially improving their emotional and mental wellbeing	Berkshire Local Authority	Review local arrangements and needs		Commissioning	Providing effective bereavement support (postvention)
	Continue to commission suicide bereavement support services and monitor its impact.	Bereavement support services are available and accessible across Berkshire, providing consistent support for those bereaved.	BOB Thames Valley Berkshire	BOB ICS to continue to commission suicide bereavement support services and contract/performance manage service/s.	BOB ICS Commissioner	Commissioning	Providing effective bereavement support (postvention)
	Explore training opportunities for staff impacted by suicide	Training for staff impacted by suicide in place and being delivered where appropriate, potentially improving emotional and mental wellbeing for staff following suicide	BOB/Thames Valley Berkshire	Review of organisation employee/workplace support	All - Individual organisation led	Training	Providing effective bereavement support (postvention)
	Work with Thames Valley Police and other first responders to a suicide to share appropriate resources with employers	Employers able to better support their staff who have been affected by suicide	BOB/Thames Valley Berkshire			Partnership Training	Tailored, targeted support for priority groups Providing effective crisis support