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# The Berkshire West Health and Wellbeing Strategy 2021 – 2030

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**Report being considered by:** Health and Wellbeing Board

**On:** 09 December 2021

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**Report Sponsor:** Matt Pearce

**Item for:** Decision

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## 1. Purpose of the Report

To present the Berkshire West Health and Wellbeing Strategy 2021 - 2030 and the accompanying delivery plan for how the Strategy will be implemented in West Berkshire.

## 2. Recommendation(s)

- 2.1 For the Health and Wellbeing Board to formally adopt the Health and Wellbeing Strategy 2021 – 2030.
- 2.2 For the Health and Wellbeing Board to note the update on the development of the delivery plan for the implementation of the strategy in West Berkshire.

## 3. Executive Summary

- 3.1 The Berkshire West Health and Wellbeing Strategy 2021 – 2030 has been developed through a process of data analysis, stakeholder engagement, prioritisation and public engagement and consultation.
- 3.2 The new strategy includes five health and wellbeing priorities:
  - (1) Reduce the differences in health between different groups of people
  - (2) Support individuals at high risk of bad health outcomes to live healthy lives
  - (3) Help families and children in early years
  - (4) Promote good mental health and wellbeing for all children and young people
  - (5) Promote good mental health and wellbeing for all adults.

## 4. Supporting Information

- 4.1 The Berkshire West Health and Wellbeing Strategy 2021 – 2030 will be shared by Reading, Wokingham and West Berkshire local authority areas over the next ten years. Each of the three local authority areas have their own delivery plan describing how the strategy will be implemented in each area.

- 4.2 The delivery plan for West Berkshire has been developed through engagement with stakeholders and partners across the system, including members of the Health and Wellbeing Board Steering Group and its sub-groups. It includes actions that will be taken at a West Berkshire level, but also actions at a Berkshire West level, where there are clear benefits to working at scale across a larger geographical footprint.
- 4.3 Development of the delivery plan at a Berkshire West level has been challenging due to the current ongoing response to the coronavirus pandemic, including operational demands on stakeholders to deliver the vaccination programme alongside the changes happening across the Integrated Care System and development of Place Based Partnerships. Therefore, these conversations and development of actions are ongoing.
- 4.4 The delivery plan will remain as a live document, reflecting that actions continue to be developed. It is proposed that there will be an annual light touch review on progress made against actions, incorporating national priorities and initiatives as they emerge. In addition, there will be a formal refresh of the delivery plan, after the first three years of the Strategy.
- 4.5 The following groups will take ownership of delivering the new priorities in West Berkshire:

Reduce the differences in health between different groups of people	Health Inequalities Taskforce
Support individuals at high risk of bad health outcomes to live healthy lives	<p>Actions within this priority are owned by a number of groups including:</p> <ul style="list-style-type: none"> <li>• Dementia Friendly West Berkshire</li> <li>• Communities and Wellbeing</li> <li>• Carer’s Strategy Group</li> <li>• MH/LD Board for Berkshire West</li> <li>• Berkshire West CCG</li> <li>• Local Integration Board</li> <li>• Homelessness Strategy Group</li> <li>• West Berkshire Domestic Abuse Board</li> </ul>
Help children and families in early years	Children’s Delivery Group
Promote good mental health and wellbeing for all children and young people	Children’s Delivery Group
Promote good mental health and wellbeing for all adults	<p>Mental Health Action Group</p> <p>Suicide Prevention Action Group</p>

- 4.6 It is proposed that the Health and Wellbeing Board Steering Group monitors progress against the actions contained within the delivery plan through exception reporting. Regular updates will be provided to the Board itself, with a proposal to consider having a focus on one priority area at each Board meeting. Further input into the delivery plan by the Board will be via informal Health and Wellbeing Board Workshops.
- 4.7 This Strategy will be resourced through a number of different mechanisms:
- (a) Funded through existing resources and ongoing workstreams

- (b) Public Health Grant
- (c) National or Government grants as appropriate
- (d) The resource for some pieces of work has not yet been identified, but these conversations will continue as actions are developed.

4.8 The next steps for the Health and Wellbeing Strategy include the following:

- (1) To identify the most appropriate programme management software to use for the delivery plan.
- (2) To develop a series of high level indicators to monitor progress of the Strategy and impact it has over the next ten years.
- (3) To continue the ongoing discussion about governance of the Strategy at a Berkshire West level.
- (4) Discussions will continue, alongside the new Director of Public Health of Berkshire West, to further consider economies of scale and where shared actions are appropriate across Berkshire West.

## 5. Options Considered

5.1 To accept the Berkshire West Health and Wellbeing Strategy 2021 – 2030

OR

5.2 To not accept the Berkshire West Health and Wellbeing Strategy 2021 - 2030

## 6. Proposal(s)

6.1 For the Board to adopt the Berkshire West Health and Wellbeing Strategy 2021 - 2030.

6.2 For the Board to receive the information and update on the development of the delivery plan for implementation of the Strategy in West Berkshire.

## 7. Conclusion(s)

This paper presents the Berkshire West Health and Wellbeing Strategy 2021 – 2030 along with the delivery plan for West Berkshire.

## 8. Consultation and Engagement

8.1 Key stakeholders have been consulted through monthly steering group meetings during the Strategy development and also as part of the development of the delivery plan by engaging with the individual subgroups of the Health and Wellbeing Board.

8.2 This Health and Wellbeing Strategy was developed with extensive public engagement, including a three month period of public engagement to develop the priorities themselves. There has also been a six week public consultation on the final Strategy itself.

## 9. Appendices

Appendix A – The Berkshire West Health and Wellbeing Strategy 2021 – 2030

Appendix B – West Berkshire Delivery Plan

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### Background Papers:

None

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### Health and Wellbeing Priorities Supported:

The proposals will help achieve the following Health and Wellbeing Strategy aim(s):

- Reduce the differences in health between different groups of people
- Support individuals at high risk of bad health outcomes to live healthy lives
- Help families and young children in early years
- Promote good mental health and wellbeing for all children and young people
- Promote good mental health and wellbeing for all adults

The proposals contained in this report will help to achieve the above Health and Wellbeing Strategy priority / priorities as this paper describes the Strategy itself and the delivery plan for how the Strategy will be implemented in West Berkshire.

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